



ORAL MAXILLOFACIAL SURGERY

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PRE-OPERATIVE INSTRUCTIONS FOR IMPLANTS AND/OR BONE GRAFTING

In order to ensure a successful surgical outcome, it is important to follow these instructions.

PREPARATION FOR OPTIMAL ORAL HEALTH

- This should be started 24 hours prior to surgery, and continued until the bottle is empty. This should be 50/50 Peridex /Tap Water
- Rinse your mouth in the morning when you wake up, after each meal, and before bedtime with the Peridex water solution
- The correct way to use Peridex would be to brush your teeth as usual, then swish 1 tablespoon of Peridex (Chlorhexidine) solution for 2 full minutes then spit.

ANTIBIOTICS

- If antibiotics are prescribed, these should be started 1 hour prior to your surgical appointment (with a small sip of water if you are being sedated) and continued after surgery until your prescription is finished.

PAIN MEDICATION

Pain medication is to be taken 1 hour before surgery, and should be continued after surgery in the following manner:

- 500mg Acetaminophen (Extra strength Tylenol) along with 600mg Ibuprofen (Advil, Motrin) every 6 hours.
(These medications can be taken together for a more profound effect.)
- 325mg Acetaminophen (Tylenol) along with 400mg Ibuprofen (Advil, Motrin) every 6 hours.

The medications above should be continued as long as you feel you need them. If there is minimal discomfort, pain medication can be discontinued.

If you are given a prescription pain medication, please take as directed by the pharmacy label.

If you have questions, please call us at 306.359.7040