



ORAL MAXILLOFACIAL SURGERY

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PRE-OPERATIVE INSTRUCTIONS FOR IMPLANTS AND/OR BONE GRAFTING

In order to ensure a successful surgical outcome, it is important to follow these instructions.

PREPARATION FOR OPTIMAL ORAL HEALTH

- Peridex rinse should be started 24 hours prior to surgery, and continued after surgery for two weeks.
- Create a 50/50 Preidex to Tap Water solution (1 tablespoon = ½ tsp peridex / ½ tsp tap water)
- Rinse your mouth with 1 tablespoon of Peridex / water solution twice a day: After eating breakfast and supper, first brush your teeth, then rinse with the Paridex solution for two full minutes, then spit. After lunch or a snack through out the day, rinse with lukewarm saltwater

ANTIBIOTICS

- If antibiotics are prescribed, these should be started 1 hour prior to your surgical appointment (with a small sip of water if you are being sedated) and continued after surgery until your prescription is finished.

PAIN MEDICATION

Pain medication is to be taken 1 hour before surgery, and should be continued after surgery in the following manner:

- ☐ 500mg Acetaminophen (Extra strength Tylenol) along with 600mg Ibuprofen (Advil, Motrin) every 6 hours.
(These medications can be taken together for a more profound effect.)
- ☐ 325mg Acetaminophen (Tylenol) along with 400mg Ibuprofen (Advil, Motrin) every 6 hours.
- ☐ Toradol and Acetaminophen provided at your appointment; a prescription for at-home post surgery pain management may be provided.

The medications above should be continued as long as you feel you need them. If there is minimal discomfort, pain medication can be discontinued.

If you are given a prescription pain medication, please take as directed by the pharmacy label.

If you have questions, please call our office at 306-359-7040