



ORAL MAXILLOFACIAL SURGERY

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PROVINCIAL ORAL SURGERY

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PRE-OPERATIVE INSTRUCTIONS FOR NITROUS &/OR IV SEDATION

FOR YOUR SAFETY, PLEASE INFORM US IF YOU HAVE OR RECENTLY HAD AN UPPER RESPIRATORY AILMENT (COLD, BRONCHITIS, ETC)

- 48-Hour notice is required if you need to cancel your appointment, allowing our staff time to fill the cancellation. A cancellation fee will be applied if we are not notified prior to the 48-hours.
- Please arrive at the office 15 minutes prior to your appointment in order to complete any necessary forms.

THE INSTRUCTIONS BELOW ARE WRITTEN FOR YOUR SAFETY. TO ENSURE THE BEST POSSIBLE OUTCOME FOR YOUR SEDATION AND SURGERY PLEASE FOLLOW THE INSTRUCTIONS BELOW:

- NPO (nothing through the mouth) after midnight the night before your surgery (minimum 8 hours), including no gum, candy, breath mints or brushing your teeth.
- You can have a sip (very small cup) of water 2 hours prior to your appointment.
- Take medications as usual with a small sip of water, unless otherwise instructed.
- The night before your appointment eat a light, easily digested meal and get plenty of rest the night before.
- Arrange for a relative/friend over the age of 18 who can drive to accompany you to and from the office.
THEY NEED TO REMAIN IN THE WAITING ROOM UNTIL YOU ARE DISCHARGED
- Have someone with you for a minimum of 8 hours after surgery to help you out and for your safety.
- Do not drink alcoholic beverages, use recreational drugs, smokes tobacco or use marijuana 24 hours prior to your appointment.
- Remove contact lenses prior to your appointment.
- Wear loose fitting clothing and short sleeves to allow for preoperative assessment.
- Do not wear heavy make-up, jewelry, perfume/cologne and remove all facial hair (men) on the day of your appointment to help prevent infection.
- Remove nail polish from at least one finger on the left hand for the monitor clip.

Please take if requested:

- ☐ 600mg Ibuprofen (ie/ Motrin, Advil) and 500mg Extra Strength Acetaminophen (ie/Tylenol) together, 1 hour BEFORE your appointment
- ☐ 400mg Ibuprofen (ie/Motrin, Advil) and 325mg Acetaminophen (ie/Tylenol) together, 1 hour BEFORE your appointment.
- ☐ Toradol and Acetaminophen provided at your appointment; a prescription for at-home post surgery pain management may be provided.

WE ACCEPT VISA, MASTERCARD, AMEX, DEBIT OR CASH ONLY. NO CHEQUES OR EMAIL TRANSFERS.

WE DO NOT ACCEPT INSURANCE BUT CAN PROVIDE YOU WITH THE NECESSARY FORMS FOR YOUR INSURANCE PROVIDER.

ANY QUESTIONS, PLEASE CALL OUR OFFICE, 306-359-7040